



Date: _____

Workplace: _____

Completed by: _____

Ladder Safety Regulatory Compliance

[29 CFR 1910.23-.27]

GENERAL REQUIREMENTS FOR ALL LADDERS: 29 CFR 1910.23(B)

- Are all ladder rungs, steps, and cleats parallel, level, and uniformly spaced when the ladder is in position for use? [(b)(1)]
- Are ladder rungs, steps, and cleats spaced not less than 10 inches (in.) and not more than 14 in. apart, as measured between the centerlines of the rungs, rungs, cleats, and steps? This does not apply to elevator shaft ladders or fixed ladders on telecommunication towers. [(b)(2)]
- Are ladder rungs and steps in elevator shafts spaced not less than 6 in. apart and not more than 16.5 in. apart, as measured along the ladder side rails? [(b)(2)(i)]
- Are fixed ladder rungs and steps on telecommunication towers spaced not more than 18 in. apart, as measured between the centerlines of the rungs or steps? [(b)(2)(ii)]
- Are steps on stepstools spaced not less than 8 in. apart and not more than 12 in. apart? [(b)(3)]
- Are ladders being used only for the purposes for which they were designed? [(b)(7)]
- Are employees not carrying any object or load that could cause the employees to lose balance and fall while climbing up or down the ladder? [(b)(13)]

PORTABLE LADDERS: 29 CFR 1910.23(C)

- Are rungs and steps of portable metal ladders corrugated, knurled, dimpled, or costed with skid-resistant material to minimize the possibility of slipping? [(c)(1)]
- Is each stepladder or combination ladder equipped with a metal spreader or lacking device that securely holds it in an open position while the ladder is in use? [(c)(2)]
- Are ladders not loaded beyond the maximum intended load? [(c)(3)]

FIXED LADDERS: 29 CFR 1910.23(D)

- Are fixed ladders capable of supporting their maximum intended load? [(d)(1)]
- Are individual-rung ladders constructed to prevent the employee's feet from sliding off the ends of the rung? [(d)(10)]
- For through ladders, is the step-across distance from the centerline of the rungs or steps not less than 7 in. and not more than 12 in. to the nearest edge of the structure, building, or equipment accessed from the ladder? [(d)(12)(i)]
- For side-step ladders, is the step-across distance from the centerline of the rungs or steps not less



than 15 in. and not more than 20 in. to the access points of the platform edge? [(d)(12)(ii)]

- Do fixed ladders that do not have cages or wells have a clear width of at least 15 in. on each side of the ladder centerline to the nearest permanent object? [(d)(13)(i)]
- Do fixed ladders that do not have cages or wells have a minimum perpendicular distance of 30 in. from the centerline of the steps or rungs to the nearest object on the climbing side? [(d)(13)(ii)]

**MOBILE LADDER STANDS AND PLATFORMS:
29 CFR 1910.23(E)**

- Is the step width of mobile ladder stands or platforms at least 16 in.? [(e)(1)(i)]
- Are the steps and platforms of mobile ladder stands and platforms slip-resistant? [(e)(1)(ii)]

- Are mobile ladder stands and platforms capable of supporting at least four times their intended maximum load? [(e)(1)(iii)]
- Are the wheels and casters under load capable of supporting their proportional share of four times the maximum load intended, plus their proportional share of the unit's weight? [(e)(1)(iv)]

**SCAFFOLDS:
29 CFR 1910.27**

- Do all the scaffolds used meet the requirements of 29 CFR 1926 subpart L (Scaffolds)? [(a)]

Corrective Action Completed (date): _____

Supervisor: _____

Routed to: _____
